

CQC Registration Position Statement

21.10.2025

Purpose

This document sets out our position regarding registration with the Care Quality Commission (CQC) in relation to the services we provide. It demonstrates that our current activities do not fall within the scope of CQC-regulated activities as defined in the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

This position is based upon the Care Quality Commission's guidance *The scope of registration: regulated activities and service types (CQC, January 2025 update).*

Our Service Model

- We provide health and fitness screening to clients, which may include venous blood sampling, body composition assessment, and other non-invasive measurements.
- All laboratory analysis of blood samples is undertaken by a UKAS-accredited laboratory.
- Any clinical interpretation of laboratory findings, where required, is undertaken by independent, subcontracted GMC-registered doctors.
- BloodWorks Ltd <u>does not</u> provide diagnosis, prescribe medication, or manage treatment. Results are shared with clients for their own information and may be taken to their GP or another healthcare professional for follow-up at the client's discretion.

Regulatory Framework

- Under the Health and Social Care Act 2008, a provider must register with CQC if carrying out a "regulated activity."
- Relevant activities include:
 - Diagnostic and screening procedures but only where the purpose is to investigate the presence of disease or injury.
 - Treatment of disease, disorder or injury diagnosing, prescribing, or managing care.
- Our role is limited to information provision and screening for lifestyle/fitness purposes. We do not diagnose, treat, or manage disease.
- No regulated activity is carried on "at or from" any location under our control.

Position

- Based on CQC's "Scope of Registration" guidance:
- Our organisation does not fall within the definition of a regulated activity.
- CQC registration is therefore not required for our current service model.
- Responsibility for regulated elements (laboratory analysis and clinical interpretation)
 lies with our UKAS-accredited laboratory and GMC-registered doctors, who operate under their own statutory and professional regulation.

Governance and Assurance

- We maintain clear client consent processes explaining the nature and limits of our service.
- We signpost clients to their GP or NHS services where results indicate clinical risk.
- Contracts with laboratories and doctors are in place, evidencing that they hold responsibility for regulated aspects of the pathway.
- This position will be reviewed annually, or sooner if there are changes in law, CQC guidance, or our service model.



Joseph Kean

Director. BloodWorks Ltd 16396983.

L3 Certificate in Personal Training including: Client Lifestyle and Fitness Assessment, Nutrition and Weight Management, Advanced Exercise and Fitness Knowledge.



Version	Date	Signed by	Position / Qualification
2	21.10.25	Joseph Kean	Director BloodWorks